

The Claudia Flores Self-Assessment

In [my podcast interview with Claudi Flores](#) (*Digging Deep to Discover Your Dreams with Claudia Flores* - March 1, 2021, episode 42), Claudia shared several penetrating self-assessment questions. Those questions are listed here for your consideration.

Take a couple days, a couple weeks if need be, and assess the following questions about your life. You may wish to journal about them. Remember to be gentle with yourself. No judgment.

What are some good decisions I've made about my life's direction?

What are some poor decisions I've made about my life's direction?

Where am I in life?

Do I really want this life?

Do I really love my life?

What can I do to change my life?

Who am I?

What is my design in life?

What is my purpose in life?

Why did God create me? For what reason?

What are my gifts and talents?

What can I bring to the world?

If you would like to discuss your answers to these questions, consider reaching out and contacting me at steve@thedreamhighway.com. - Steve Pederson